

PPACA NO COST-SHARE PREVENTIVE MEDICATIONS

by drug category

At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

Health care reform requires coverage of certain preventive medications at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share (\$0) to you.* The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women's unique health care needs.

Preventive medication coverage

This drug list shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into the **myCigna**[®] website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

*The no cost-share preventive coverage under the Affordable Care Act remains in effect at this time. Should health care reform change, we will review the guidance at that time.

Together, all the way.[®]

Religious exemptions to the coverage of contraceptives

PPACA allows certain employers to exclude contraceptives from coverage due to religious beliefs. If you're a woman with medical coverage through one of these employers, Cigna will let you know that your plan does not cover these medications. Where required by law, Cigna will offer to pay for your contraceptives and/or certain medications at no extra cost to you (if you choose). This coverage is private and confidential and isn't administered, funded by or connected in any way to your employer's health coverage.

Choosing the right preventive medication

There are many preventive medications covered under PPACA. You should talk with your doctor to find out which medication or product may be right for you. If your doctor feels a certain contraceptive medication or smoking cessation medication on this list isn't right for you, ask your doctor to call us. Together, we'll look for other medications and products (not on this list) that may be available to you at no cost-share. **It's important to know that in order for a preventive prescription medication or over-the-counter product to be covered at no cost to you, you'll need a prescription from your doctor.**



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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This drug list shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

Aspirin Products

Low Dose Aspirin
Low Dose Aspirin EC
Aspirin 81
aspirin 325mg
aspirin 81 mg
Aspir-Low
Bayer Chewable Aspirin
Bufferin
Ecotrin
Ecpirin
Lite coat aspirin
tri-buffered aspirin

Breast Cancer Prevention

raloxifene
tamoxifen

Barrier Contraception

Caya Contoured
FC2 Female Condom
Femcap
Gynol II
Today Contraceptive Sponge
VCF Vaginal Contraceptive Film
VCF Vaginal Contraceptive Foam
VCF Vaginal Contraceptive Gel
Wide Seal Diaphragm

Bowel Prep Products for Colorectal Cancer Screenings

**Available to adults
50-75 years of age**

Alophen pills
bisacodyl 5mg tablets
bisacodyl EC 5mg tablets
Bisa-lax
ClearLax
Colyte With Flavor Packets
Correctol
Ducodyl
Dulcolax tablet
GaviLax
Gavilyte-C
Gavilyte-G
Gavilyte-N
GentleLax

Gialax
GlycoLax
GoLytely
Healthylax
Laxaclear
Laxative
Laxative PEG 3350
Miralax
Moviprep
Natura-Lax
Nulytely With Flavor Packs
Osmoprep
PEG 3350
PEG 3350 with electrolytes
PEG 3350 with flavor packs
PEG-Prep
Powderlax
Prepopik
Purelax
Smoothlax
Suprep
trilyte with flavor packets

Cholesterol Medications⁺

**Available to adults
40-75 years of age**

atorvastatin 10mg, 20mg
fluvastatin 20mg, 40mg
fluvastatin ER 80mg
lovastatin 20mg, 40mg
pravastatin 10mg, 20mg, 40mg,
80mg
rosuvastatin 5mg, 10mg
simvastatin 10mg, 20mg, 40 mg

⁺ For plans renewing on or after November 1, 2017, these medications are covered at no cost (\$0) as preventive medications under the Patient Protection and Affordable Care Act (PPACA). This means that, as of your plan's renewal date, you won't pay any money to fill a prescription for these medications. PPACA coverage requirements do not apply to all plans; for those plans, you'll have to pay your plan's preventive cost-share to fill these medications. To find out how your plan covers PPACA preventive medications, log into myCigna.com and use the Drug Cost tool or check your plan materials.

Emergency Contraception

Available to females

Aftera
Econtra EZ
Ella
My Way
Opcon One-Step
Option 2

Hormonal Contraception^{^*}

Altavera
Alyacen
Amethia
Amethia Lo
Amethyst
Apri
Aranelle
Ashlyna
Aubra
Aviane
Azurette
Balziva
Bekyree
Blisovi Fe
Briellyn
Camila
Camrese
Camrese Lo
Caziant
Chateal
Cryelle
Cyclafem
Cyred
Dasetta
Daysee
Deblitane
Delyla
desogestrel-ethinyl estradiol
drospirenone-ethinyl estradiol
Elinest
Emoquette
Enpresse
Enskyce
Errin
Estarylla
ethynodiol-ethinyl estradiol
Falmina
Fayosim

Hormonal Contraception^{^*}

(continued)

Femynor
Gianvi
Gildagia
Heather
Introvale
Isibloom
Jencycla
Jolessa
Jolivette
Juleber
Junel
Junel FE
Kaitlib FE
Kariva
Kelnor
Kimidess
Kurvelo
Larin
Larin FE
larissia
Leena
Lessina
Levonest
levonorgestrel and ethinyl estradiol
Levora
Lillow
Loryna
Low-Ogestrel
Lutera
Lyza
Marlissa
medroxyprogesterone acetate
150 mg/mL
Melodetta 24 FE
Mibelas 24 FE
Microgestin
Microgestin FE
Mono-Linyah
Mononessa
Myzilra
Necon 7/7/7 and 0.5/35
Nikki
Nora-Be
norethindron-ethinyl estradiol
norethin-estra-FE
norgestimate-ethinyl estradiol
norgestrel-ethinyl estradiol
Norlyda

Norlyroc
Nortrel
Nuvaring
Ocella
Orsythia
Philith
Pimtrea
Pirmella
Portia
Previfem
Quasense
Rajani
Reclipsen
Rivelsa
Setlakin
Sharobel
Sprintec
Sronyx
Syeda
Tarina FE
Tilia FE
Tri Femynor
Tri-Estarylla
Tri-Legest FE
Tri-Linyah
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Sprintec
Trinessa
Trinessa Lo
Tri-Previfem
Tri-Sprintec
Trivora
Velivet
Vestura
Vienna
Viorele
Vyfemla
Wera
Wymzya FE
Xulane
Zarah
Zenchent
Zovia

[^] If your doctor feels these medications aren't right for you, ask him/her to call us. There may be other brands available at no cost-share to you

* Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here

Fall Prevention/Vitamin D Supplementation

Available to adults 65 years of age and older to prevent falls

Bio-D-Mulsion
Bio-D-Mulsion Forte
D3-2000
D3-50
Decara
Delta D3
Dialyvite Vitamin D3 Max
Dialyvite Vitamin D
D-Vi-Sol
Just D
Maximum D3
Optimal D3
Replesta
Replesta NX
Super Daily D3
Thera-D
VitaJoy Daily D
Vitamin D
Vitamin D3
Vitamin D-400

Folic Acid Supplementation

Only includes products containing 0.4 mg–0.8 mg of folic acid

Daily Prenatal
FA-8
folic acid
KPN
One Daily Prenatal
Perry Prenatal
Prenatal
Prenatal Complete
Prenatal Formula
Prenatal Formula-DHA
Prenatal Multi + DHA
Prenatal Vitamins
Right Step Prenatal Vitamins
Urosex

Pediatric Multivitamins Containing Fluoride and Fluoride Supplements

Available to children
six months – sixteen years of age

Escavite
Escavite D
Floriva
Fluorabon
fluoride
Fluoritab
Flura-drops
Ludent Fluoride
Multivitamin and Fluoride
Multivitamins with Fluoride
Multivitamins with Fluoride-Iron
MVC-fluoride
Poly-Vi-Flor
Poly-Vi-Flor With Iron
Polyvitamins with Fluoride
Quflora
sodium fluoride
Texavite LQ
Tri-Vi-flor
Tri-Vite w/Fluoride
Tri-Vite w/Fluoride Iron
vitamins A,C,D & Fluoride

Smoking Cessation^{^*}

Quantity limits apply

bupropion (generic for Zyban)
Nicoderm
Nicorelief
Nicorette
Nicotine Gum
Nicotine Lozenge
Nicotine Transdermal System
Quit 2
Quit 4
Stop smoking aid

[^] *If your doctor feels these medications aren't right for you, ask him/her to call us. There may be other brands available at no cost-share to you*

^{*} *Generic nicotine replacement therapy (known as "store-brands" are available at no cost-share to you, even though they may not be listed here)*



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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